



SANTA ANA COLLEGE

COURSE OUTLINE OF RECORD

CATALOG ENTRY

Discipline	Occupational Studies
Course Number	310
Course Title	Community-Based Occupational Therapy Practice
Former Title	
Units	3
Lecture Hours	54
Scheduled Laboratory Hours	None
Arranged Laboratory Hours (TBA)	None
Total Semester Contact Hours	54

COURSE IDENTIFICATION NUMBER(S) (C-ID)

REQUISITES

Prerequisite

Limitation on enrollment: Student must be admitted to the Occupational Studies program.

Corequisite

None

Recommended Preparation

None

CATALOG DESCRIPTION

This course will focus on the practice of Occupational Therapy (OT) in community-based settings. This will include an in-depth analysis of both the history and growth of OT practice in the community. Students will analyze the role of OT in community settings with a variety of populations.

Classification Code	Y
Transfer Code	B-Transferable to CSU only
SAM Priority Code	
Repeatability	NR - Non-Repeatable
TOPS Code	
Topics Course	No
Open Entry/Exit	No
Grading Options	Letter Grade

Department Chair Approval Date: 12/05/16 by:Monica Zarske

Divison Chair Approval Date: 12/05/16 by:Monica Zarske

Curriculum and Instruction Council Chair Approval Date: 12/05/2016 by:Brian Sos

Last Revision Date:

COURSE OBJECTIVES

1. Interpret trends in community-based practice.
2. Analyze theories related to community-based practice.
3. Describe the characteristics of successful community-based OT practitioners.
4. Describe key steps in the development of a community-based practice including planning, implementation, and evaluation.
5. Compare and contrast federal and state policies affecting community-based practice.
6. Analyze the role of OT in providing ergonomic interventions in community-based settings.
7. Appraise the role of the Occupational Therapist/Occupational Therapy Assistant (OT/OTA) in work and career transitions for people with disabilities.
8. Analyze the evolution of community-based programs in mental health services and the role of OT in these services.
9. Describe the role of the OT/OTA in forensic mental health practice.
10. Evaluate the role of OT in developing strategies for home and community accessibility.
11. Interpret the philosophy of the independent living movement and describe how OT is able to impact this movement.
12. Define the term technology and environmental intervention and explore the OT practice in this area.
13. Compare and contrast the role of OT with other with other practitioners in faith-based organizations.
14. Compare and contrast different Lifestyle Redesign programs and how this type of intervention can be applied to various populations.
15. Describe primary health care and evaluate the potential role of OT in these settings.

COURSE CONTENT

(Include major topics of the course, time required, and what the student is expected to learn.)

A. Principles of Community-Based Practice

1. Historical timeline of community-based practice in OT
 - a. Initial OT community practices
 - b. Role of the American Occupational Therapy Association (AOTA) in community practice
 - c. Relevance of Centennial Vision to community practice
 - d. Barriers to community practice
2. Trends in community-based practice
3. Paradigms shifts from medical model to community model
 - a. Characteristics of community practice paradigm
4. Aspects of community and public health and the role of the OT/OTA
 - a. Public health

- b. Prevention
- c. Health promotion
- 5. Theory related to community practice
- 6. Legislation impacting community practice

B. Developing a community-based program

- 1. Trend analysis
- 2. Analyzing the environment
- 3. Needs assessment
- 4. Development of the program plan
 - a. Goals
 - b. Strategies
 - c. Assessments
 - d. Use of theory and evidence
 - e. Plan for evaluation
- 5. Program implementation
 - a. Choice of location
 - b. Participant recruitment
 - c. Staffing
 - d. Funding
 - e. Community partnerships
- 6. Program evaluation

C. Work-related community practice

- 1. Ergonomics
 - a. Physical aspects
 - b. Cognitive workload
 - c. Ergonomics in home, recreation and work sites
 - d. Principles of universal design
 - e. Injury prevention
 - f. Work modification
- 2. Work transitions
 - a. School to employment
 - b. Return to work following disability
 - c. Military to civilian employment
 - d. Work to retirement
- 3. Welfare to work
 - a. Welfare reform
 - b. Low retention in employment
 - c. Role of OT in welfare to work program
- 4. Ticket to work

- a. History of the program
- b. Strengths and weakness
- c. Role of OT in ticket to work

D. Community-based mental health programs

1. History of OT in community-based mental health
2. Theory
3. Settings for community mental health
 - a. Partial hospitalization
 - b. Home health
 - c. Peer run programs
 - d. Supported education
 - e. Veterans support services
 - f. Transitional housing
4. Assertive Community Treatment
 - a. Supported employment
 - b. Supported housing
5. Funding
6. Substance use disorders
 - a. Impact on occupations
 - b. Community-based services
7. Forensic practice within the community
 - a. Community reintegration
 - b. Public safety
8. Evidence-based practices
9. Role of the OT/OTA

E. Community Integration

1. Issues related to accessibility
 - a. Home
 - b. Community
 - c. Mobility
2. Integration post illness/injury
 - a. Work
 - b. Leisure
3. Wounded warrior project
4. Independent living movement
 - a. History and philosophy
 - b. Independent living programs/centers – core services
 - c. Role of OT/OTA in independent living centers
5. Technology

- a. Universal design
- b. Mobility
- c. Communication
- d. Computer access
- e. Home modification

F. Health Promotion and Wellness

1. Faith-based organizations
 - a. Spirituality and health
 - b. Faith communities and health
 - c. Role of the OT practitioner in spirituality
 - d. Ethical considerations
2. USC Well-Elderly Model – Lifestyle Redesign Programs
 - a. Weight management
 - b. Mental health
 - c. Reimbursement for lifestyle redesign
3. Primary health care settings
 - a. Role of OT in health promotion in primary care
 - i. Smoking cessation
 - ii. Pain
 - iii. Family violence
 - iv. Mental health
 - b. Funding issues

COURSE MATERIALS

Required texts and/or materials.(Include price and date of publication.)

Required:Scaffa, M.E., & Reitz, S.M.,. *Occupational Therapy in Community-Based Practice Settings*, 2nd ed. F.A. Davis , 2014, ISBN: 9780803625808.

Recommended readings and/or materials:

None

Other:

None

WHAT METHODS WILL BE EMPLOYED TO HELP STUDENTS LEARN?

Class Discussions

Lecture

Reading Assignments

Writing Projects & Reports

Other (Specify):

Application of problem solving/critical thinking/synthesis

- Individual and small group learning activities
- Collaborative Learning

WHAT LEARNING ACTIVITIES OR ASSIGNMENTS ARE REQUIRED OUTSIDE OF CLASS?

List activities and hours for each. (Must include reading and writing activities.)

Reading assignments are required and may include but are not limited to the following:

- Textbook
- Professional journals
- AOTA website

Writing assignments are required and may include but are not limited to the following:

- Analyzing community based practice in terms of trends in healthcare, legislation and the role of OT
- Research evidence for community practice in disciplines other than OT
- Research evidence for community practice in the field of OT
- Develop a community integration plan for a client with a selected disability

Group Project

Students will complete a small collaborative project related to the development of a community-based OT program. This will include but not be limited to:

- Working within a selected environment: analyze resources available in the community for a specified population, determine need, and develop a hypothetical community-based group intervention program including goals, theory, evidence, staffing and a plan for program evaluation.

Discussion Board/Blog Examples

- What are some ethical issues surrounding the use of spirituality in OT practice?
- Share personal feeling regarding working with people who have injuries related to military duty
 - What are some of the difficulties related to forensic practice?

STANDARDS OF ACHIEVEMENT

List graded activities.

- | | |
|---------------------------|-----|
| • Quizzes | 25% |
| • Group Project | 25% |
| • Written assignments | 40% |
| • Discussion boards/blogs | 10% |

How will student learning be assessed? (Multiple measures must be used.)

Student Learning Outcomes:

1. Students will describe the principles, theory and legislation related to community-based practice.
2. Students will analyze the role of the OT practitioner in a variety of settings and populations within the community.
3. Students will describe the skills and steps required to develop a community based program.

Supplemental Forms	
New Course Proposal Form	
Course Title	OS 310 - Community-Based Occupational Therapy Practice
Supplemental Forms Last Saved	
New Course Proposal Form Last Saved: , at By	
Approval Dates	
Curriculum and Instruction Council Chair: 12/05/2016 Department Chair: 12/05/2016 Division Dean: 12/05/2016	